

Terms and Conditions of entry for Tour Ride non-competitive cycling events.

I understand and accept that this event is not a race or trial of speed, but a personal challenge and as such there will be no list published which sorts riders either in finishing time or finishing position order. An alphabetical list of finishers and times will be published.

I accept and understand that where the event takes place on the open road I must abide by the Highway Code at all times. I am aware that when riding on a public highway the function of marshals is only to indicate direction and that I must decide whether the movement is safe.

Participants will be responsible for the roadworthiness and safe working order of their own bicycle.

If the event is held in poor or little light, then front and rear lights must be used and must have adequate battery life for the duration of the event.

The wearing of Hard Shell Style Helmets shall be compulsory for riders under the age of eighteen. Riders over eighteen are encouraged to do the same.

In off road events the wearing of helmets conforming to British Cycling regulations is mandatory.

No bicycle, tandem or other machine, conventional or otherwise, is permitted to have unconventional handlebars including triathlon bars, aero bars, clip-ons, prayer bars, and cow bars. Neither is Spinachi type bars permitted. However, ATB bar ends are permitted on mountain bikes.

No accompanying vehicles are allowed to follow riders. Any participant failing to observe this regulation will be withdrawn from the event.

You may not use your mobile phone while riding. You must stop at the side of the road if you need to make or receive a call. You may not use a music player with headphones while participating in the event.

No participant may take food or drink from anyone other than another participant whilst on the move. If you need food or drink, you must stop to receive it.

All participants under the age of eighteen shall have had a consent form completed by their parent/guardian. A parent or guardian must accompany riders under the age of sixteen. This form is available on the Tour Ride web site.

Participants will be required to start their ride by a certain time and complete their specific ride within a certain time.

You may not ride under someone else's number under any circumstances. Failure to comply with the rule will result in disqualification for both parties.

You must register on the day and within the times provided by the race organiser.

Cyclists must display the numbers provided at registration in the manner indicated during the event.

I understand and agree that I participate in this event entirely at my own risk, that I must rely on my own ability in dealing with all hazards, and that I must ride in a manner which is safe to myself and others. I accept that if I do not abide by these terms and conditions that the organisers will



make all reasonable efforts to remove me from the event, and that the organiser will use all effort to restrict participation in future Tour Ride events.

I agree to abide by these regulations for the Tour Ride as a non-competitive cycling event.

I agree that no liability whatsoever shall attach to the promoter, promoting club/organisation, event sponsor, British Cycling or any event official or member of British Cycling or member of the promoting club /organisation in respect of any injury, loss or damage suffered by me in or by reason of the event, unless such injury, loss or damage is proven to be caused by the negligence of the aforementioned.

These details are available on the Tour Ride web site if you wish to print a copy.